

## Whole School Long Term Subject Plan - P.E. (New National Curriculum)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 1</b>	Games - Large balls	Gym - Apparatus Different ways of travelling	Games - Bats and Balls	Dance 'Clockwork Toys'	Games - Throwing and Catching - Team games	Gym Wide, narrow, curved shapes, over/under apparatus Sports Day Practice
<b>Year 2</b>	Gym - Supporting body weight parts high, parts low. Pathways - straight, zigzag, curled. Games - Throwing and Catching. Inventing individual games.	Games - Throwing and Catching. Inventing individual games.  Dance - Xmas Play	Gym - Spinning, turning, twisting.  Games - Dribbling, kicking, hitting.	Dance - Rainforests  Games - group games and inventing rules	Gym - Linking movements together.  Games - combined unit.	Team games / athletics  Sports Day practice.
<b>Year 3</b>	Gym - Symmetry and Asymmetry. Games - Ball skills, passing and receiving.	Gym - Path ways and travelling with change face and direction.	Egyptian Dance	Games - Net Wall games. OR Creative games making.	Swimming	
<b>Year 4</b>	Gym - Balance leading into change, face and direction	Dance - Electricity	Swimming		Games - Net / Wall games	Athletics
<b>Year 5</b>	Swimming  Outdoor and adventurous activity challenges - Conway		Dance - Levers and Pulleys - Rolling	- Rolling Bridges - Hockey	- Net / Wall games - Rugby	- Athletics - Invasion and Target / Ball Handling games
<b>Year 6</b>	Gym - Turn & Spin Match & Mirror	Dance - Samba / Carnival	Hockey	Cricket	Swimming  Athletics / Rounders	